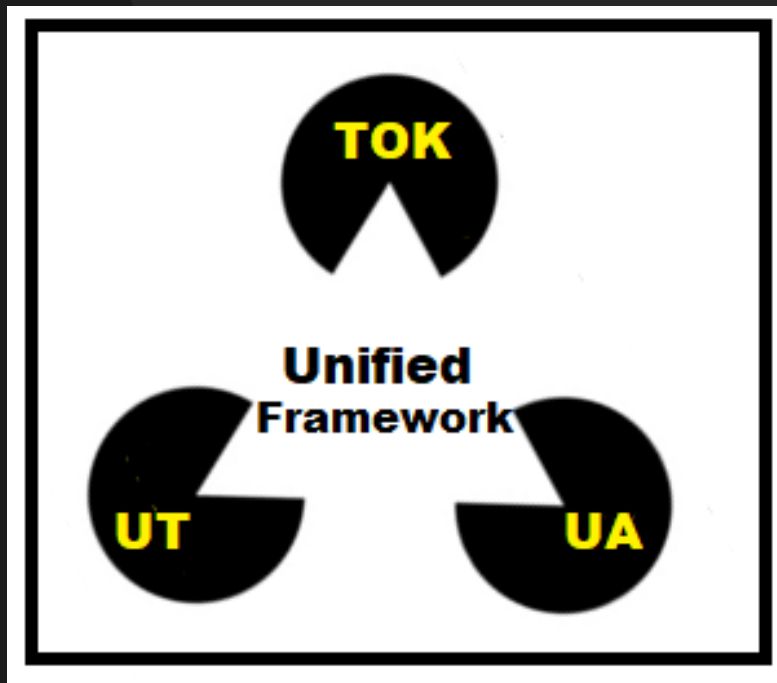


The Unified Framework

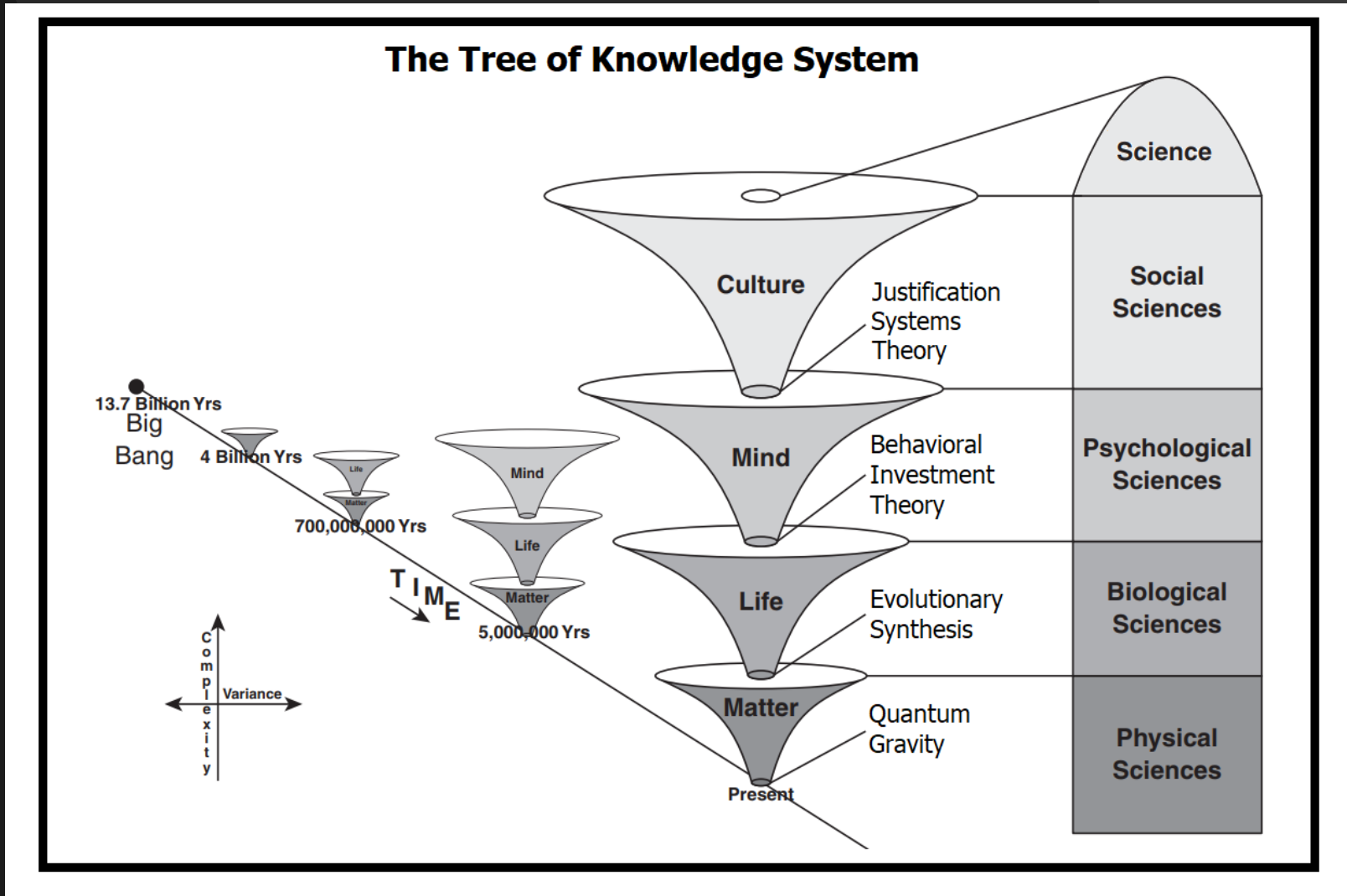
A New Theory of Knowledge and Wisdom for the 21st Century



The **Unified Framework** is a proposal for a consistent scientific humanistic philosophy for the 21st Century. It consists of three separate but interrelated projects, which are:

- 1) A new **Theory Of Knowledge (TOK)**;
- 2) A **Unified Theory of psychology (UT)**;
- 3) A **Unified Approach to psychotherapy (UA)**.

The Center Piece of the Unified Framework is the **Tree of Knowledge (ToK) System**, which offers a new descriptive metaphysics for reality and science.



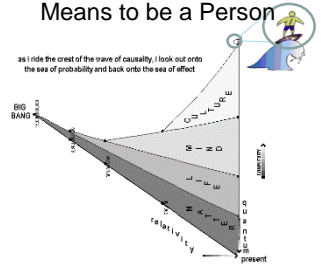
The First Branch of a New Synthetic Philosophy that Integrates Human Knowledge



The Tree of Knowledge System

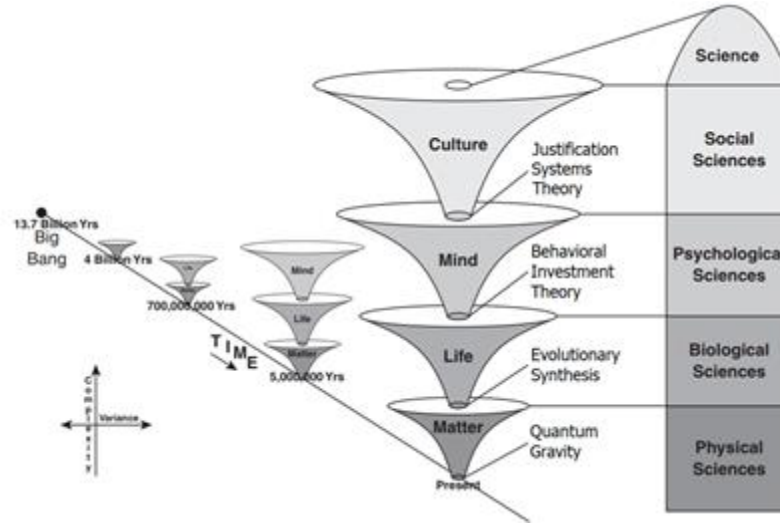
Five Essences Linked by Four Joint Points

Explains What It Means to be a Person

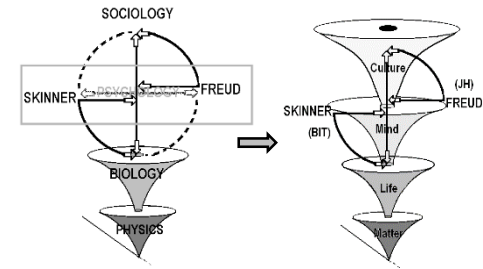


Provides a Universal Behaviorism that Organizes the Sciences

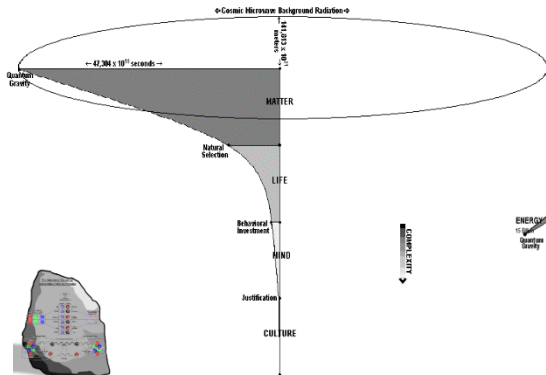
The Periodic Table of Behavior					
Dimensions of Complexity					
	Material/Physical	Living/Biological	Mental/Psychological	Cultural/Social	
Object-Field Relations	Context of Behavior	Field	Ecology	Environment	Society
	Behavioral Entity	Object	Organism	Animal	Person
Three primary Levels of Object Complexity (Part, Whole, Group)	Groups of Fundamental Part	Molecule	Group/Colony	Family-Group	Family-Community-Nation
	Fundamental Part	Atom	Cell	Animal	Human
		Particle	Gene	Neural Network	Symbol



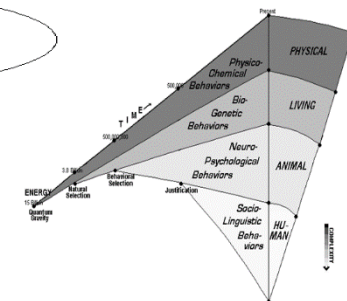
Gives a Solution to the Problem of Psychology



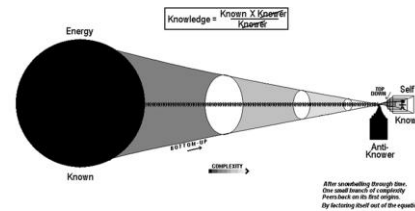
A Frame that Holds Together Quantum Mechanics and General Relativity



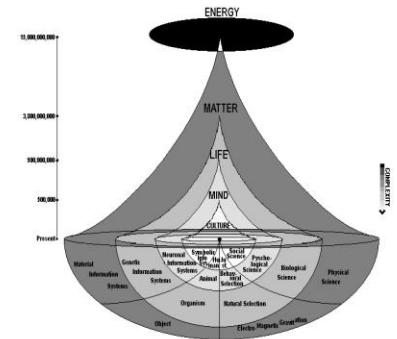
A Prism with which to view the Layers of Human Existence

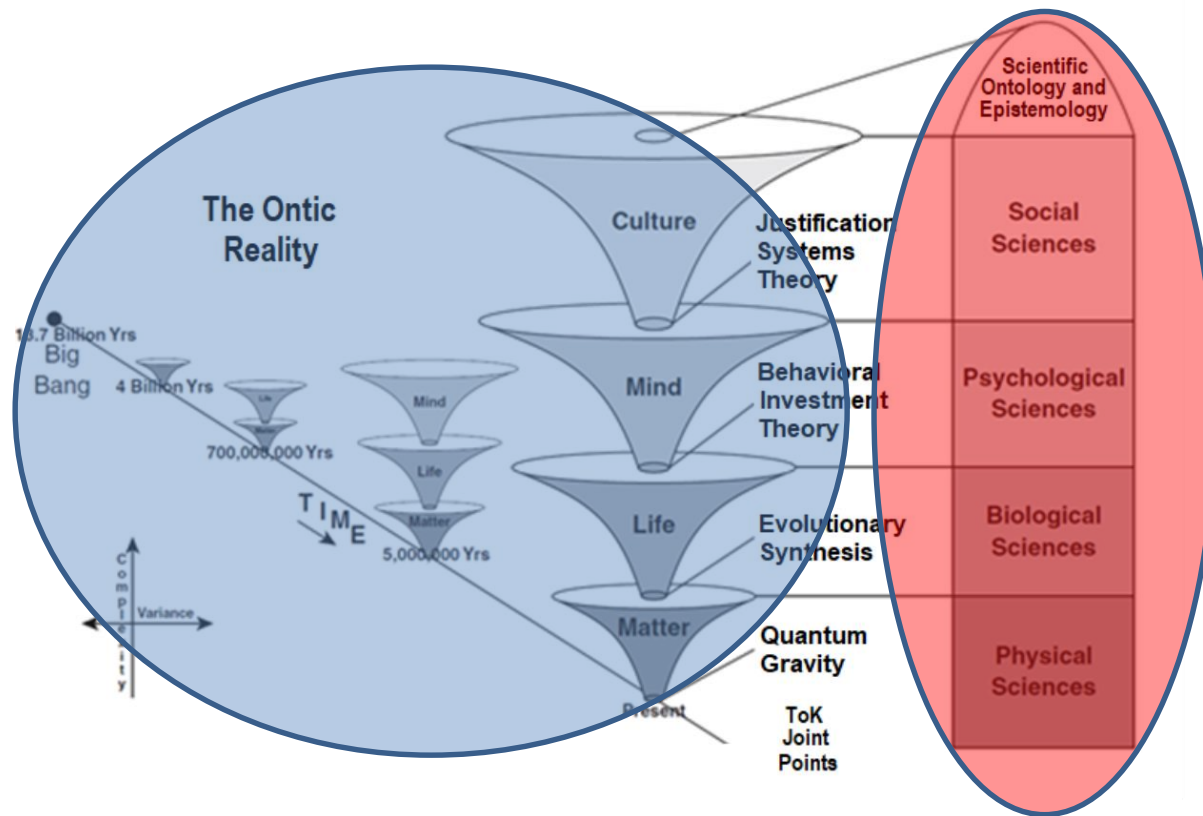


An Epistemology that Captures Knower-Known Relations



A General Systems View of a Nested Hierarchy of Levels and Dimensions

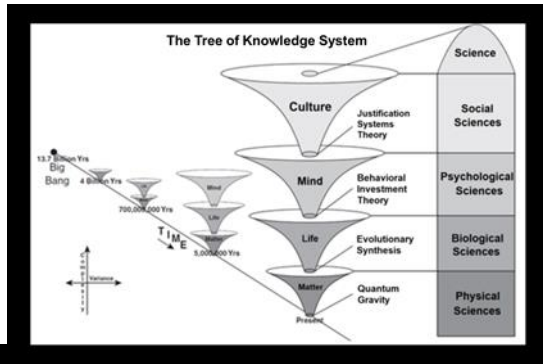




The ToK System maps the **ontic reality** as four separate, emergent domains of behavioral complexity, labeled as 1) Matter; 2) Life; 3) Mind; and 4) Culture. And it also depicts how **science** emerges out of Culture as particular kind of justification system. Specifically, naturalistic science is a system of knowledge concerned with developing ontological theories that are justified by scientific epistemology, the different domains of which function to map the different domains of behavioral complexity.

The Unified Framework affords a “Phenomenological-Behavioral-Cultural-Systems” View of Existence

A Third Person Scientific View



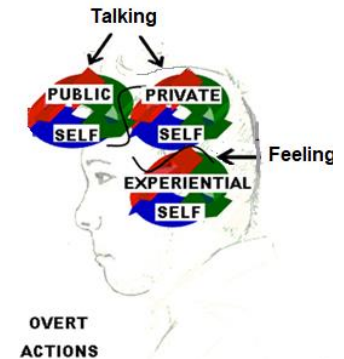
The Periodic Table of Behavior

		Dimensions of Complexity			
		MATTER	LIFE	MIND	CULTURE
		Physical	Biological	Psychological	Social
Object-Field Relations	Context of Behavior	Field	Ecology	Environment	Society
	Behavioral Entity	Object	Organism	Animal	Human Person
Three Primary Levels of Object Complexity (Part, Whole, Group)	Groups of Wholes	Molecule	Multicell/Colony	Family-Group	Family-Community-Nation
	Fundamental Whole	Atom	Cell	Mind-Brain System	Self-Consciousness System
	Fundamental Part	Particle	Gene	Neural Network	Symbolic Justification

The ToK moves across Wilber’s epistemological quadrants

I – Why I do How I experience, feel, think, believe, value, grow.	IT – What I do Behaviours, products, measurables
WE – Why we do Relationships, shared values, cultures, norms	ITS – How we do System dynamics, social systems, policy

First Person Third Person



A First Person Phenomenological View

Energy Singularity

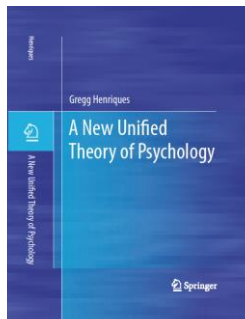
The Path of Emergence

The Unified Theory of Psychology (UT)

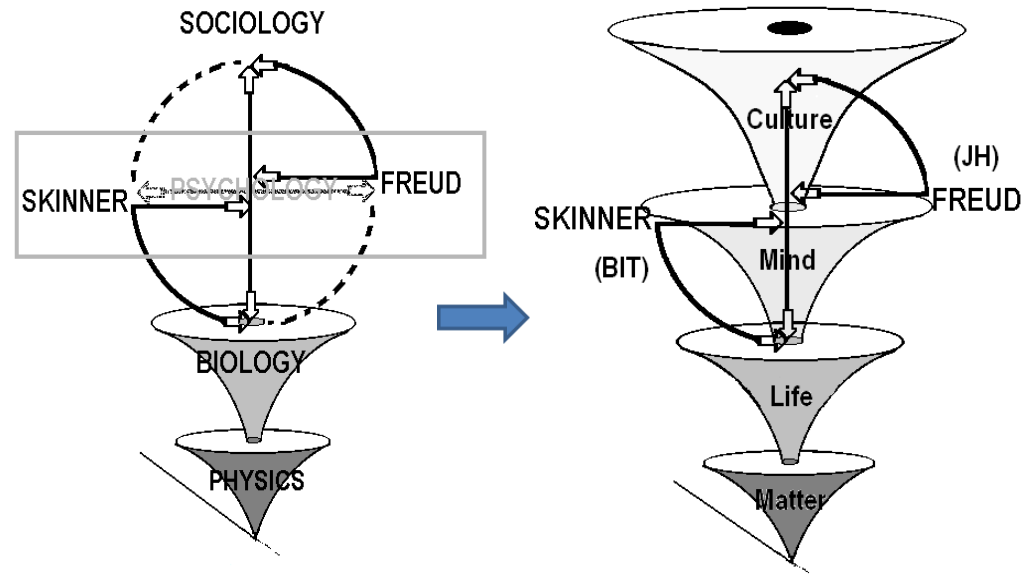
UT consists of Four Key Ideas

- Tree of Knowledge System (ToK)
- Justification Systems Theory (JUST)
- Behavioral Investment Theory (BIT)
- The Influence Matrix (IM)

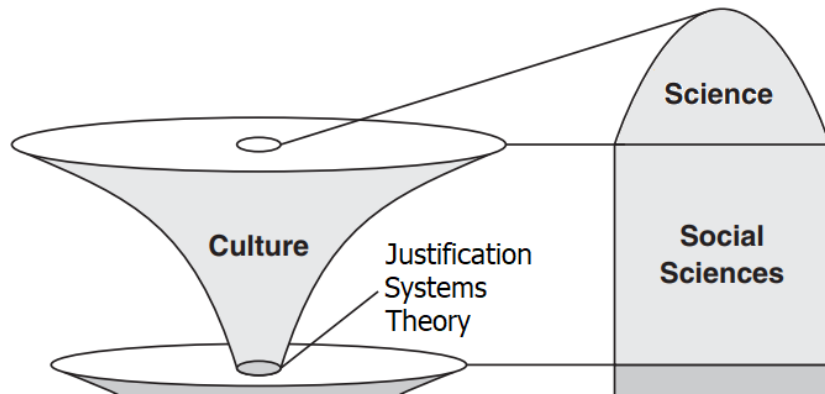
The ToK System, JUST, BIT and the IM provide a way to solve the heretofore unsolvable problem of psychology and forge a consistent link between the natural sciences and the social sciences.



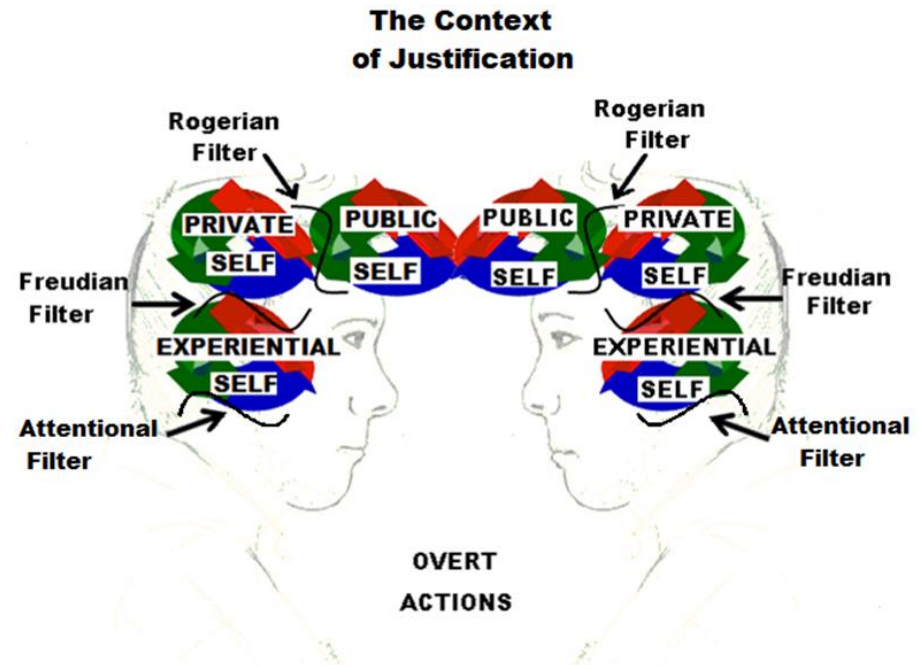
For the book, see [here](#).



Justification Systems Theory (JUST) and the Updated Tripartite Model of Human Consciousness

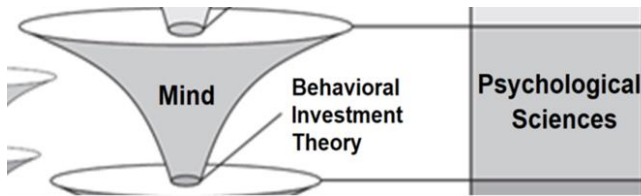


JUST offers an updated tripartite model of human consciousness and maps the evolution of human Culture as large-scale systems of justification, which evolved from social into formal modes of thinking, which ultimately produced modern scientific knowledge.

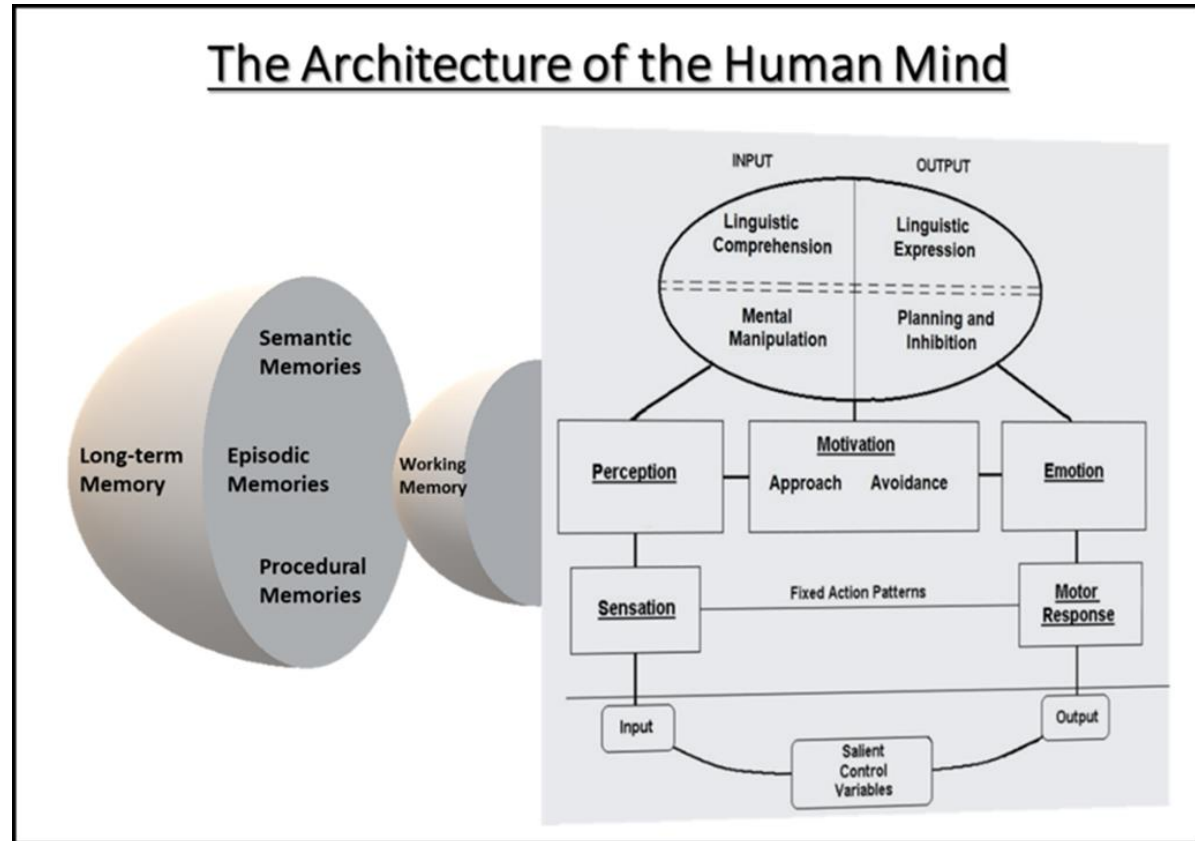


For more on the JUST/JH, see [here](#).

Behavioral Investment Theory and the Architecture of the Human Mind



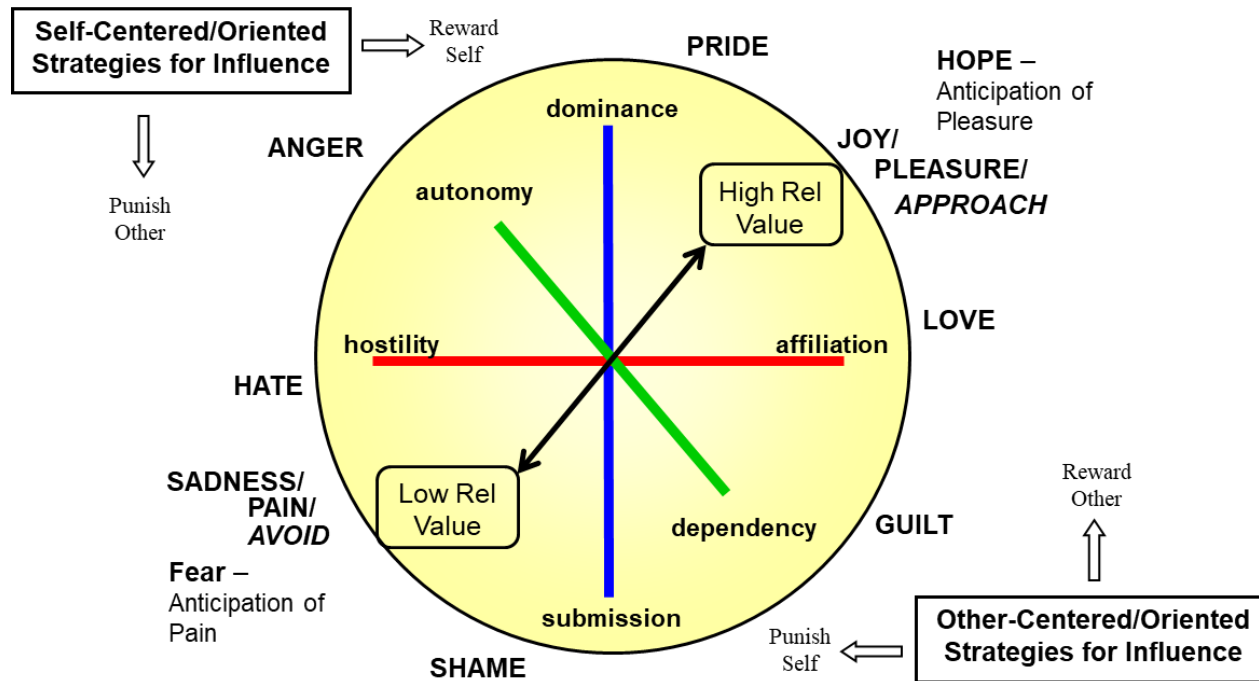
BIT provides a cognitive functionalist account of animal-mental behavior that synthesizes the cognitive, behavioral, and neurosciences and places them on an evolutionary foundation.



BIT gives rise to a four-layered model of the human mind.

For more on BIT, see [here](#).

The Influence Matrix: A Map of the Human Relationship System



POWER Y-AXIS = INFLUENCE THROUGH **COMPETITION/ CONTROL**
LOVE X-AXIS = INFLUENCE THROUGH **ALTRUISM/ COOPERATION**
FREEDOM Z-AXIS = FREEDOM FROM **INFLUENCE**

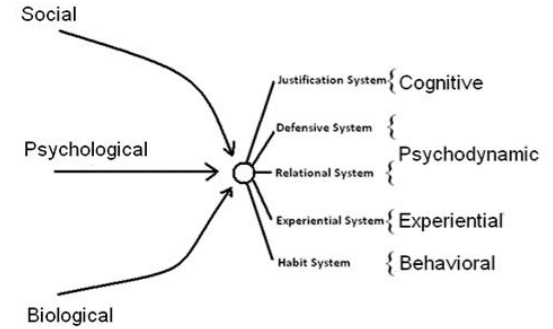
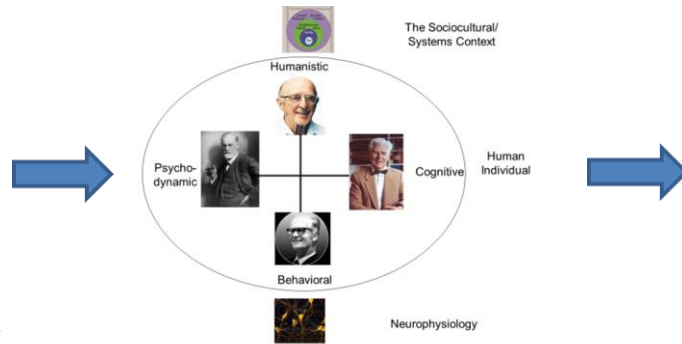
The Influence Matrix maps the human relationship system as an experiential “perceptual-motivational-emotional” guidance system that tracks relational value and social influence on the self-other process dimensions of power, love, and freedom. For more on the Matrix, see [here](#).

The Unified Approach to Psychotherapy

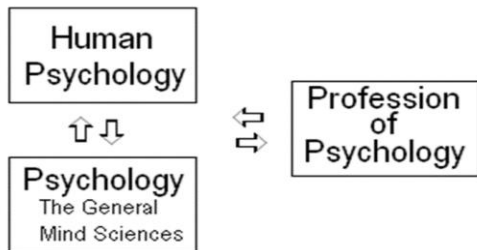
The Unified Approach (UA) shifts the focus from psychology to psychotherapy. It utilizes the Unified Theory (UT) to generate a morally grounded integrative conception of human character and well-being that enables the comprehensive assessment of functioning and guidance in fostering change toward more adaptive and valued states of being.



Modern Psychotherapy is a jungle of many different approaches that compete and overlap with no clear way to relate them.

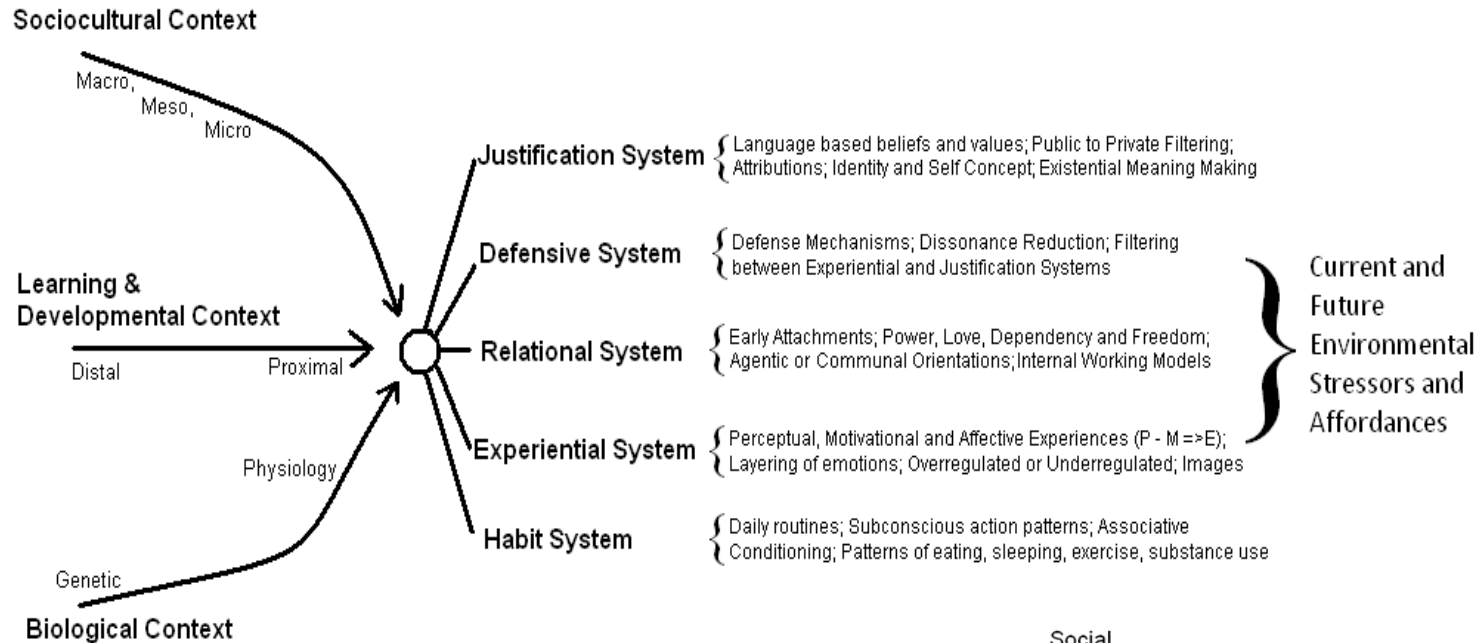


The Unified Approach is a view of practice grounded in the UT that allows one to see the interrelationships between the paradigms and to map human character and well-being onto a more general and comprehensive language system that can incorporate the key insights from each of the major perspectives, thus setting the stage for the Unified Approach to Psychotherapy. Like the UT, the UA consists of four separate ideas, CAST, the Character Wheel, Nested Model and CALM MO.

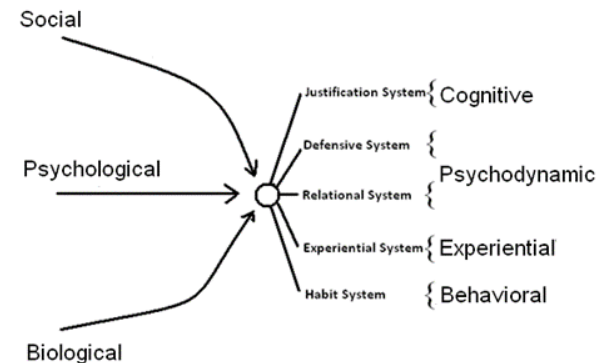


The Unified Framework divides the institution of Psychology into three great branches.

Character Adaptation Systems Theory



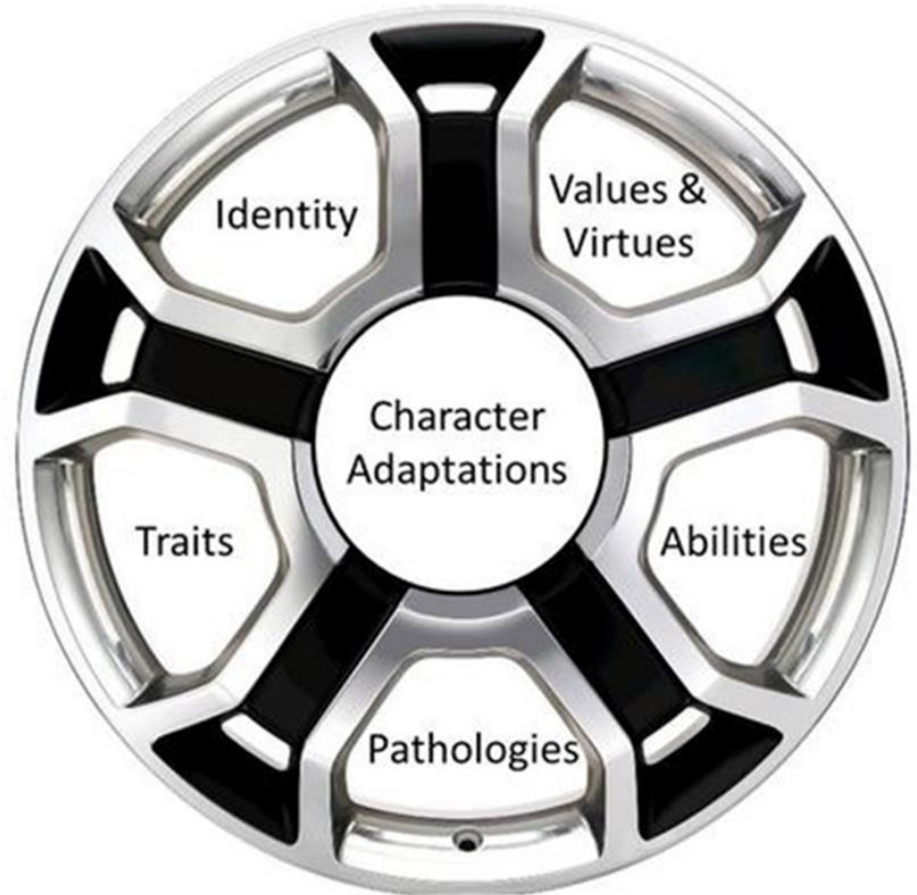
CAST uses the unified theory to bridge modern personality theory with integrative psychotherapy by identifying five core systems of character adaptation that directly align with the major traditions in psychotherapy, providing a metatheoretical language system for transcending the classic divides in the field.



For an article on CAST, see [here](#).

The Character Wheel of Development

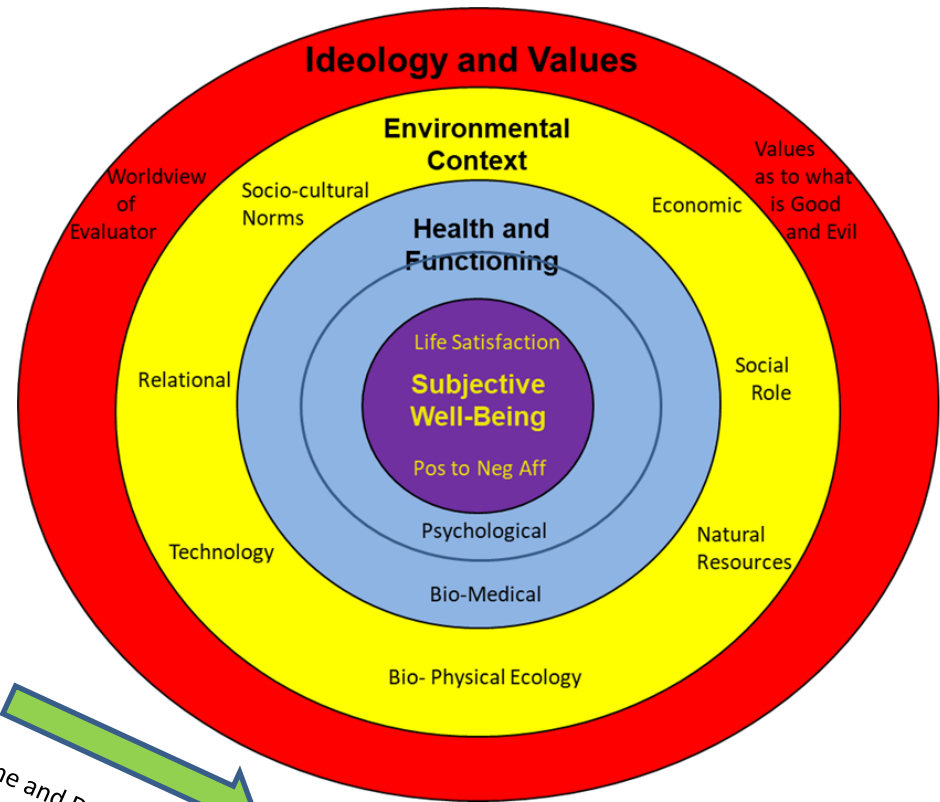
Grounded in CAST, the Wheel of Development maps key domains of personality that solidify over the course of human development. This provides a comprehensive framework to assess human functioning at the individual level in a manner consistent with the science of personality.



For more on the Character Wheel of Development, see [here](#).

The Nested Model of Well-Being

The Nested Model integrates subjective and functional analyses of human well-being, and maps the concept onto four key, nested domains. Defines human well-being as the positive alignment of all four domains, giving rise to a clear correspondence with the Kantian notion that well-being is *happiness with the worthiness to be happy*. Its inverse can be used as an effective framework for mental illness.

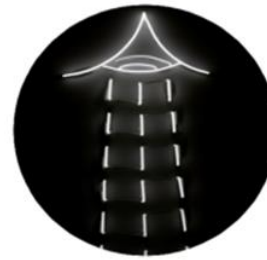


For an article on the Nested Model, see [here](#).

CALM MO

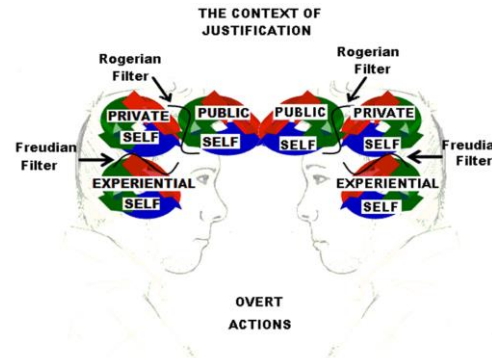
CALM MO is an integrative approach to psychological mindfulness that guides individuals to cultivate a responsive, reflective attitude toward conflict and distressing emotions.

CALM MO represents a significant advance in psychological mindfulness because it is grounded in a comprehensive model of human consciousness and relationships that guides individuals in understanding why mindfulness is hard, why it helps, and the domains of consciousness to focus on.



Meta-cognitive Observer

- Curious
- Accepting
- Loving/Compassionate
- Motivated to learn and grow toward valued states of being



For more on CALM MO, see [here](#) and [here](#).

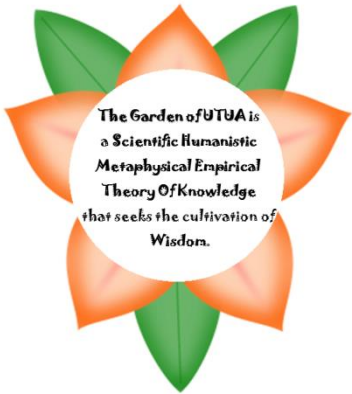
The Unified Framework has been artistically represented as the “Garden of UTUA”

The future of knowledge dispersal will be visual and interactive.





Welcome to The Garden of UTUA



The Garden of UTUA is a Scientific Humanistic Metaphysical Empirical Theory Of Knowledge that seeks the cultivation of Wisdom.

The MEUTUATOK Tree

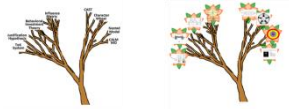


The WKID WISMB pollinates wisdom via the Knowledge Hierarchy and Wholistic InterSubjective Mental Behaviorism.

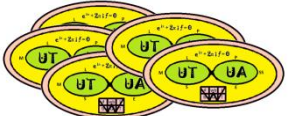
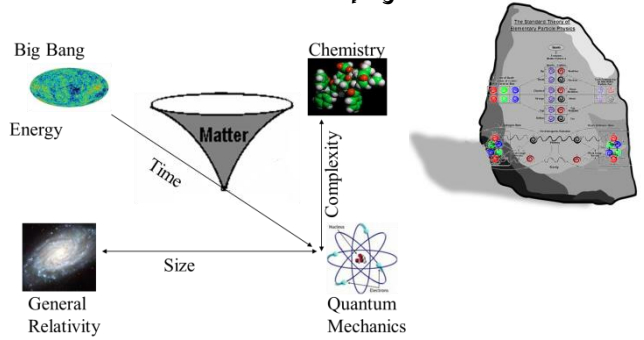
The WIC W-B builds structures that foster Wisdom, Interests, Character, and Well-being.

A Brief Overview

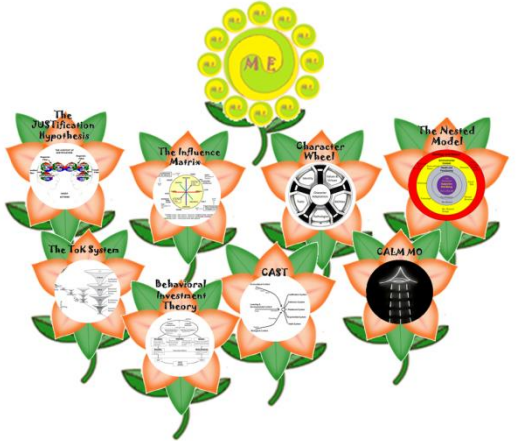
The word UTUA (pronounced a tū ā) comes from the combination of "UT" and "UA", where UT stands for the unified theory of psychology and UA stands for a unified approach to psychotherapy. In the Garden, you will find the STEPPing Stone, the MEUTUATOK Tree, UTUA Flowers, the UTUA seed, and two UTUA Bees, the WKID WISMB and the WIC WB. The Garden is an artistic representation of a system of knowledge that offers a novel way to unify modern science, psychology, and philosophy into a coherent scientific humanistic worldview. The Garden is scientific in the sense that it offers a map of the universe that is consistent with modern scientific knowledge, from quantum mechanics to sociology. It is humanistic in the sense that it embraces value-based living, meaning making, creative expression, and the concept of the sacred. As such, the Garden provides a place for the two cultures of the academy, the sciences and the humanities, to come together in a mutually inspiring dialectical dance.



The STEPPing Stone grounds the Garden in modern physics.



The UTUA Seed includes a way to link mathematics to humanistic thought $x^2 - 2x + 1 = 0$, a new theory of education $UT \cup UA$, and a way to cultivate wisdom $UT \cap UA$.



The M.E. Flower Garden